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GUIDE



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A Note

FROM THE EDITOR

Welcome to the February edition of the **Chermside Guide**. It is our first edition for 2023 and once again there is a lot going on in the community this month.

Local theatre company, Growl Theatre, have been busy getting their first live performance for the year ready for you to enjoy! Get your toes tapping with the Blue Shamrocks and grab a picnic blanket and enjoy a day at the cricket. You'll find these stories and more inside.

February 14 is of course Valentine's Day and if you are looking for some lunch or dinner inspiration to celebrate this day with your Valentine, don't forget to check out our dining guide.

There are many more amazing community stories, gigs and events inside this month's pages. And I always love to hear from our readers in the community. If you have a story that you think the people would love to read about in the Chermside Guide, don't forget to drop me an email.

Until next month, happy reading!

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NFL SUPER BOWL 2023 AT CHERMSIDE

The Sporting Globe Chermiside is bringing one of the United States' biggest sporting events to Chermiside. You will have to be up early with kick-off at 9:30am (AEST) as the Sporting Globe opens its doors for attendees from 8am for breakfast. Being one of Chermiside's largest sports bars, attendees will be able to take in all the action from 50+ screens that surround the venue.

To be sure to watch the Super Bowl from the best place in town prebook for only \$10pp or upgrade to a VIP Booth or Rooftop VIP Package. Or pop in on the day with walk-ins welcome.

For more information and to book visit: <https://www.eventbrite.com.au/e/nfl-super-bowl-2023-chermside-tickets-472072390227?aff=ebdssbcitybrowse>

WHAT'S ON AROUND TOWN

STORY PIPER ZUINO

VEND MARKETPLACE GLUTEN FREE FESTIVAL

Following a highly successful Gluten Free Festival earlier this year, VEND is bringing back a celebration of all things Gluten Free for those with alternate dietary needs.

VEND Marketplace Retail Manager and Event Co-Ordinator Kayla Brown said the last market was so popular they have had to bring in a ticketing system to manage the large turnout.

"A member of the public actually reached out after seeing our collaboration with the Queensland Vegan Markets and wanted something similar for Coeliacs and people who eat gluten-free. We agreed and teamed up with Gluten Free Markets to bring it to VEND!"

"We have some great vendors already secured for the gluten-free markets including Benz on Miller with their mouth-watering gluten-free burgers, Flame and Dough Woodfired Pizzas (these guys were so popular they sold out last time!), Bayside Brownie Company which will have lots of gluten-free baked goodies, SoCal tacos with their delicious tacos, and much more," she said.

This market is tailored to suit the needs of Coeliacs in the Chermiside community as there is no need to worry about cross-contamination and becoming unwell from accidentally consuming gluten.

"Our previous market left customers relieved, confident and satisfied with the food at the gluten-free markets. We will have a range of food to take home, and food to eat on the day," said Kayla.

For more information and to register your free attendance, visit: vendmarketplace.com.au/whats_on/gluten-free-festival-4/

CASA CIBO VALENTINE'S DAY DINNER

For all the love birds out there, February is one of the biggest months of the year, with Valentine's Day falling on Tuesday 14 February this year.

This year, why not treat your loved one to an Italian dining experience at CASA CIBO located in Westfield Chermiside's dining precinct. With a generous wine and cocktail list and a menu with a pizza or pasta for every taste, this will be a popular choice for loved-up couples this V-Day.

CASA CIBO also has a variety of options for a variety of dietary requirements including gluten-free, dairy-free, vegetarian, and vegan options.

Reservations for Valentine's Day are a must! Don't miss out on one of the hottest places to be this V-Day. To book visit: casacibo.com.au/make-reservation/



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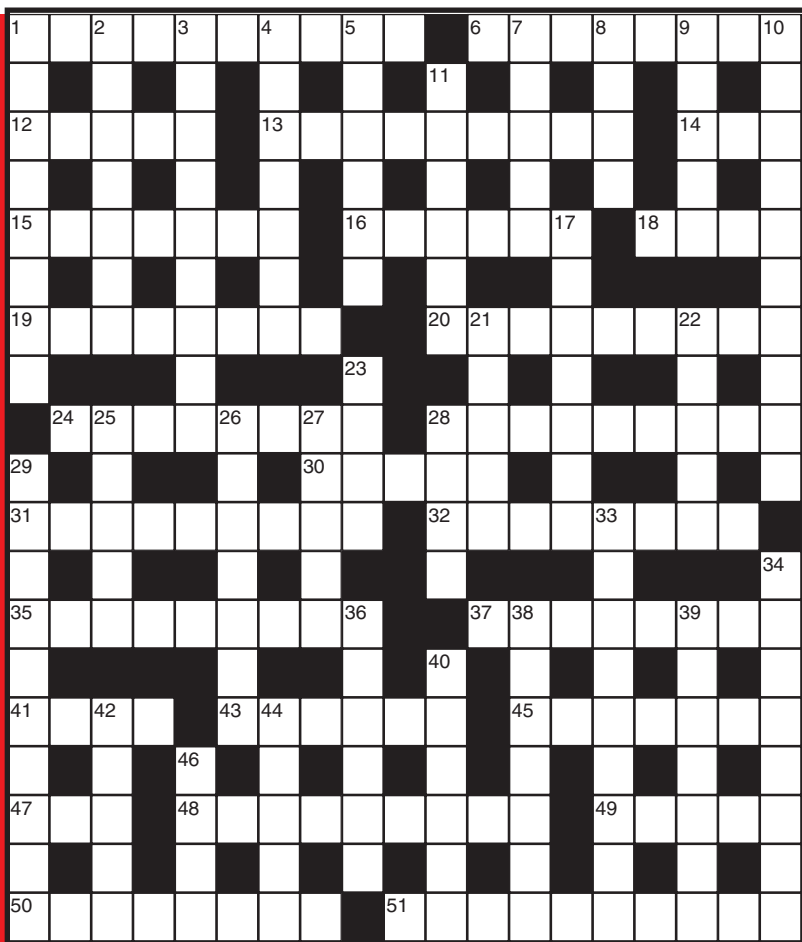
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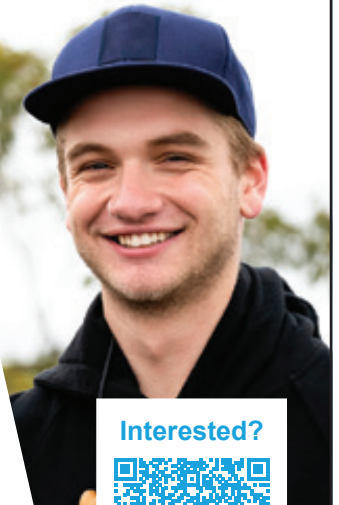
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Brendan James and Aerlyn O'Brien performing in A Comedy of Tenors

GROWL THEATRE CONTINUES TO ROAR

STORY **PATRICIA HIGGINS**

PHOTO **JOHN PIRES PHOTOGRAPHY**

Growl Theatre may still be a relatively small local company but they're set to kick off their 2023 season with a roar.

Their next show, *A Comedy of Tenors* by Ken Ludwig, is billed as a fast-paced, over-the-top farce – full of mistaken identities, blissful romance and madcap delight.

Rhiannon Said, President of Growl Theatre, said the aim at Growl Theatre has always been to deliver quality live entertainment that doesn't break the bank.

"Since 2020, we have really found our stride with the local community and our growing audience. I think people now realise the importance of community run entertainment and supporting local businesses and organisations," Rhiannon said.

Rhiannon said that the theatre company consistently draws large crowds and that a lot of effort is invested into each production to make it a genuine spectacle and sensory experience.

"Considering our theatre is merely a community hall (with a small stage and without all the backstage space a professional theatre has) it's always a fun challenge to build sets that will wow audiences when they walk in," Rhiannon said.

According to Rhiannon, the theatre has come a long way since its humble beginnings performed at the Wilston Presbyterian Church.

"The stage was tiny and there were no dressing rooms (we all piled into the kitchen behind the stage). We only had limited refreshments for our audiences, but it was a hit and we just kept going," she said.

In 2013, Growl Theatre relocated to the Windsor School of Arts hall on Lutwyche Road where they have held many different and exciting productions since.

"Our humble stage has been transformed into everything from a drawing room in a Victorian home, a swinging 60's French apartment with five slamming doors, an elegant old-South verandah, Pemberley Manor (both upstairs and the servants quarters), and once we even had the challenge of building a second storey loft bedroom," Rhiannon said.

Book your tickets to A Comedy of Tenors at growltheatre.org.au or email boxoffice@growltheatre.org.au. Find out more about the history of the the Windsor School of Arts at heritage.brisbane.qld.gov.au/heritage-places/1804

A Comedy of Tenors, by Ken Ludwig
4, 5, 10, 11, 12, 17 & 18 March, 2pm & 7.30pm
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LEARN-TO-DRIVE WITH A DIFFERENCE

STORY **PIPER ZUINO**
PHOTO **JOHN PIRES PHOTOGRAPHY**

The Salvation Army Drive for Life program teaches more than just simply driving instructions. Drive for Life is about life mentoring, positive role models and the support to overcome life challenges and help move towards a safer future.

This program assists young people aged between 16 and 25 who are disadvantaged and require some extra help reaching their 100 hours of driving required to receive a license.

Drive for Life Program Coordinator Justin Maher said this important program exists because of the volunteers that believe a license provides access to employment, education, and health appointments.

“This is as much about engaging both young people and mentors in their community as it is about licensing; we know that feeling part of a community assists with building a sense of belonging, improved mental health, developing pro-social behaviours and connecting to a shared social responsibility,” he said.

“We want to facilitate a mission which can benefit other members of the community, for example, taking the elderly to a doctor’s appointment.”

Justin Maher said the requirement to reach 100 hours of driving practice before being able to receive a license has positively decreased the number of road fatalities but has created further barriers for young people who do not have the means to a vehicle or adult supervision.

“Our Volunteers are ordinary folks who make an extraordinary difference in the lives of our young people. We have gathered many success stories all of which we can attribute to the goodwill and dedication of our driving mentors.”

Drive for Life is searching for more volunteers to help maintain its success and ensure many young people are able to access the privilege of driving.

This community engagement program is calling for people who can not only help with driving but who can run events and assist in raising money for Drive for Life.

Drive for Life is a part of the Salvation Army’s Youthlink program that provides a variety of services for disadvantaged youth who are at risk due to homelessness, drug and alcohol problems, social isolation, mental illness and family trauma.

For more information about how to access help from Drive for Life or to sign up to mentor, visit: www.salvationarmy.org.au/youthlink/driveforlife/



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DOING SCHOOL DIFFERENTLY

STORY **JULIA LEWIS**
PHOTOS **BRUCE REDMAN**

While the school year officially kicks off for 2023, students at Jabiru Community College are preparing for another big year of doing it differently.

Based in Zillmere, the community college is an independent and non-government school, which provides a flexible, personalised education for young people in years 10, 11 and 12.

The college was established in 2011 after the Jabiru Community Youth & Children's Services Association Inc., saw a need to support the educational development of young people who were at risk of falling through the cracks of mainstream education. Through engaging with various communities of northeast Brisbane, it provides a safe community where diversity is respected and appreciated.

Co-principle of Jabiru Community College, Frances Missen, said that learning happens when young people are allowed to realise their individual talents and interests.

"Our learning is driven by curiosity, expanded through reflection, and maintained through perseverance," Frances said. "We believe that powerful, transferable learning happens, when learners are enabled to explore their passions and interests with others and develop their personal agency.

"Our focus is on inviting young people to learn and explore things they care about. It's about their personal interests and their personal journeys."

The college is small by design. Made up of no more than 90 students, it strives to foster the principles of Respect, Relationships, Responsibilities, Rights and Reflection. Their mission is to create a safe and creative learning community where young people from diverse backgrounds can take up their human right to a 21st Century education.

"The young people who attend our college are vibrant, creative and beautiful people. Many have had multiple barriers placed in their path," Frances said. "They radiate determination and courage as they navigate their lives and work toward their goals."

Frances said that the community can support the college by offering students time spent in their workplace or business to learn and develop lifelong skills.

"People can support Jabiru Community College by offering opportunities for the young people to visit and learn about local business and community organisations. This could be anything from one off visits, through to work experience."

Jabiru Community College
Located at the end of Cambewarra Street, Zillmere. For more information about the college, please phone 07 3554 1799 or send an email to office@jcc.qld.edu.au



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Brookhill Private Hospital

STORY **JULIA LEWIS**

Brookhill Private Hospital served the people of Wavell Heights from 1928 to 1953. The building, which was constructed around 1919, served as the private residence for Joseph and Daisy Cressey, who acquired the land from the Gleadhill family on 26 September 1917. When Joseph died in 1928, Daisy became the sole owner of the building.

After World War One, West Nundah and surrounding districts experienced a steady population growth prompted by returning soldiers moving into the new estates. At the time, the nearest private hospital to West Nundah was the Virginia Private Hospital. After the surge in population, Daisy, who was a trained midwife and nurse, decided to convert the residence into a private hospital.

To help pay for the conversion of her home to a hospital, Daisy sold off a portion of her land to John Francis Nolan and quickly named the private hospital, "Brookhill". Once up and running, the hospital served an area that extended to Chermiside, Boondall, Zillmere, Geebung and Aspley. While most reports have

the hospital operating from 1928 to 1953, there are reports of births at the hospital as early as 1926.

Prior to World War II, local private hospitals such as Brookhill formed a major part of the healthcare industry in Brisbane, as they offset the patient load of the two existing public hospitals - Royal Brisbane Hospital and the Princess Alexandra Hospital. These private hospitals were generally run by the nurses who lived at the hospital and the attending physician, who was usually the local general practitioner, would admit the patients and attend the hospital for daily rounds.

While there are many reports of births at Brookhill Hospital, being a rural hospital at the time meant farm accidents and childhood illnesses would also have brought in many patients.

By 1950, the hospital had become a two-building complex, with the buildings connected by a separate corridor with its own external stairs. Daisy managed the hospital until her death on 15 October 1951.

The hospital continued to operate after her death, when it was leased to E. Trumble on 11 September 1953. Trumble would later apply to the Brisbane City Council to have the hospital converted into a convalescent home. Over a decade later in 1966, it was re-converted for use as a private residence.

Photo courtesy of Nundah & Districts Historical Society Inc.

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A Night of Toe-Tapping Country Music

STORY **ALYSSA MACKAY**

Dance the night away at a concert that celebrates the Irish dance-hall days. Brisbane-based band, theBlueShamrocks are bringing their traditional-sounding country music to Kedron-Wavell this month for a night of jiving, waltzing and line dancing.

Lead vocalist and musical director, Sam McCaughey said audiences could expect to hear toe-tapping country music supported by a full, nine-piece band.

“theBlueShamrocks draws on a vast range of experience from nine musicians and a creative production team,” Sam said. “We have crafted our stage performance to provide an evening of entertainment reminiscent of the country music show-band era. Every tune musically has something to offer, which will keep the audience entertained.”

Joining Sam in the band are Geoff Schuh on drums, bass guitarist John Sargent, guitarist Steve Henderson, lead and rhythm guitarist Jeremy Dwyer, Quiana Morgan on the fiddle, pianist Don Petterson, vocalist Lani Wagner and for the first time – accordion player, Fredy.

The band have made two albums, TTT - Tap Those Toes and NTSH - Nothin’ To See Here, both produced by James North Productions.

“theBlueShamrocks take pride in writing our own songs but also pay tribute to country classics,” Sam said. “Our creative team have written a range of original songs across a range of styles, and in the country music tradition each tells a story.”

The set list includes upbeat songs that will have everyone on their feet, such as jive track Wasn’t That a Party, waltz tune Through the Years, and Weekend Stroll, which has been number one on both UKcountryradio.com and the Tasmanian and OZ CMR Top 40 country chart in Australia.

Sam said the band formed three months before COVID hit Australia and experienced several cancellations during lockdown, so were looking forward to this month’s performance.

“This will be the first time at Kedron-Wavell,” Sam said. “Some of our members have performed here previously and have enjoyed the community spirit and appreciation for live music. We are looking forward to the full-size stage, the first-class sound system, plus the excellent dance floor.

“We offer the best priced live music event in Brisbane at \$27.04 per ticket, for the size and professionalism of the band.”

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Local Centre forming lifelong friendships

If Covid taught us anything, it's that social connections are vital to our health and well-being.

Burnie Brae, located in Chermside, offers a large variety of ways to make those social connections, form great friendships, try new experiences and have fun at the same time!

Ruby became a member of the Burnie Brae community in 2004 after a friend invited her to a dance class. Since then, she has enjoyed many of the services and activities offered at the Burnie Brae Centre.

"I've been a member for many years and enjoy the variety of services, activities and events. I love interacting with people and making lifelong friendships," Ruby said.

"When I celebrated my 90th birthday this year, my friends from Zumba planned a surprise party!



"When I can't make it to Burnie Brae, I miss the social connections and friendships."

The list of activities offered at the Burnie Brae Centre is long and diverse.

Members can enjoy activities such as mahjong, line dancing, aqua aerobics, Art, book

club, cards and board games, ballroom dancing and much more.

Associate Membership is free and if you want to upgrade to Member Plus which offers discounts and savings all year round, it is only \$25 per year.

If you'd like to connect with like-minded people, make new friends and try new experiences, drop into the Centre's reception, or call 3624 2121. Email enquiries@burniebrae.org.au

Burnie Brae Centre, 60 Kuran Street, Chermside

Springsteen Songs and Stories

STORY **PATRICIA HIGGINS**

Performing a one-man show that he was likely born to run, Craig St John will soon bring his tour of Springsteen Songs and Stories to the Royal at Nundah.

The two hour concert is billed as an energetic and poignant tribute to none other than 'the Boss'— Bruce Springsteen himself.

Craig said that the event was likely to draw both a die-hard and diverse crowd to The Royal, describing the historic pub as "just brilliant to watch a show, grab some eats and a drink."

"We get the true and deep fans, and we get people who have just discovered the music," he said.



According to Craig, attending a Springsteen concert as a teenager impassioned him so much that he would go on to pursue a myriad of gigs, concerts, and other roles— eventually emerging into what is closest to his heart.

"I love being able to share Bruce stories, and I am always humbled by how deep this music runs and how much it means to people," he said.

"Bruce gets them through the day and I'm here to help that process along a little."

Find out more at www.springsteensongsandstories.com/home.

Springsteen Songs and Stories
Friday 10 February, 8pm-10pm
The Royal Nundah
1259 Sandgate Rd, Nundah



Find connection, care and community at Burnie Brae and live your best life!

At Burnie Brae, we provide integrated support and connection services to older adults, to empower them to live their best life at home and in the community. We provide respite and care, social support, allied health and wellbeing - plus member, lifestyle and connection services to assist our members and clients to navigate every stage of life.

Embrace your best life and become an Associate Member for free!

- Connect and engage with a community of your peers.
- Earn loyalty points on purchases at the centre and take advantage of special member promotions and discounts.
- Unearth a new hobby, socialise, and reap the benefits of an active lifestyle while participating in our Centre events, day trips and tours.

- Attend member catch-ups and celebrations like morning teas and end of year festivities.
- Participate in a range of social, health, wellness and education classes.
- Plan a trip away to your ideal destination with our special travel promotions.

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Receive amazing offers, savings and discounts including free* technology sessions, café vouchers, hairdressing salon and travel discounts and amazing savings on spring-cleans.

**T&Cs apply for member draw, offers and MemberPlus fees - visit burniebrae.org.au/about-us/membership*

Join MemberPlus before 10 February 2023 to go in the draw to win your choice of a \$50 Burnie Brae or Coles-Myer gift voucher!*

It's easy to join our membership - you can do it online by scanning the QR code, or in person at Reception (60 Kuran Street, Cherside).





"All 4 Dachshunds has been a charity close to home as multiple Hornets team members are also a part of the All 4 Dachshunds group," he said.

According to Mr. Teljega, people should expect an All 4 Dachshunds event to be electric, fun, and a great way to meet new people who share the same caring heart for the cause.



"We are pleased to be able to provide multiple events throughout the year to fundraise for All 4 Dachshunds and also provide a dog-friendly deck where our team and members get to meet these amazing dogs on a regular basis when visiting for breakfast," he said.

Morgan Harris, director and committee member at All 4 Daschunds, said they were incredibly fortunate to have a relationship with Aspley Hornets and that, for the team at the charity, caring for dachshunds was a passion and every-day commitment.

PAINT 'N' SIP FOR A CAUSE

STORY **PATRICIA HIGGINS**

It definitely sounds enjoyable to spend the day painting while sampling wine and cheese, but the best part might just be knowing that you're doing something for a deserving cause—one that supports Daschunds, no less.

That's the concept behind the All 4 Daschunds Paint and Sip charity event coming to Aspley Hornets this February, with the community club donating all proceeds to a local not for profit group.

Because of their mission to find loving, forever homes for displaced dachshunds, the decision to support All 4 Daschunds was a no-brainer, according to Matt Teljega, Aspley Hornets' marketing coordinator.

"As a charity with a very small footprint and no government funding, we rely on donations to help support our surrenders and foster carers," Morgan said.

She said it was all worthwhile when it came to the canines and that dachshunds love unconditionally.

"They might be small and long, but their personalities are big—and they are very smart!"

Tickets to the charity event are priced at \$65 and include all paint supplies, a glass of wine, a cheese platter, and a professional artist to host.

Book your spot via www.stickytickets.com.au/j1lqr/all4dachshunds_paint_sip_charity_event.aspx. Find out more about the charity at www.all4dachshunds.com.au.

**All 4 Dachshunds Paint and Sip Charity Event
Sunday 12 February, 1:30pm-4:30pm
Aspley Hornets
50 Graham Road, Carseldine.**

BRAD'S BUSINESS TIPS

When being wrong is right.

WITH **BRAD FLYNN**

The most successful entrepreneurs, sports people, artists, and any other form of vocation are the ones who have generally made the most mistakes...then learned from them.

Michael Jordan is quoted as saying...

“ Twenty-six times I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.”

So why do we generally recoil from making mistakes or being wrong when there is such an opportunity?

We have an education system that is based around passing tests and being right more than we are wrong. Our teachers do an extraordinary job, don't get me wrong, but are we programming our kids with it's not OK to make mistakes with the current paradigm for education?

This then flows on to the greatest human fear, worrying about what other people will think, thus not taking any action to save embarrassment of being wrong. It is no mystery that many successful entrepreneurs in history were not good at school. They didn't fit in and thus helped the human race to evolve with their out of the box thinking.

My suggestion is to put yourself out there, make some mistakes, you can't cook an omelette (build a great business) without breaking some eggs (making some mistakes).

For more information visit www.businessmentored.com

STORY IDEAS: ADMIN@3BMEDIA.COM.AU 23



JOIN US

WE WANT YOU!

LIONS CLUB

The Lions Club of Brisbane Inner North meets at the Chermside Library on the 2nd and 4th Tuesdays of each month. Contact Richard (0423 240 256)



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"Banyo Bowls Club is situated in the beautiful backstreets of Banyo: sleepy through the week and coming alive each weekend with bowlers, parents, babies, fur and all, enjoying the outdoors," she said.

"Banyo Bowls Club has pivoted and changed with the ever changing northside community, adding food trucks on the weekend, supporting local breweries in the area and putting on weekly trivia nights and feature events month to month for families to enjoy the wide open spaces with one another."

Unfortunately, the challenges of COVID-19 have left many of the components of the club run down and damaged with the aim of their fundraiser to quite literally keep the roof over their heads.

"We've set up a gofundme page making it easy and transparent for people to help the community support Banyo Bowls Club and its venue, ensuring it is around for years to come.

RALLY FOR A COMMUNITY ICON

STORY **PIPER ZUINO**
PHOTO **JOHN PIRES PHOTOGRAPHY**

After being a central part of Brisbane's northern suburbs for 85 years, the Banyo Bowls Club is calling for the community to rally around them in support of this central business.

To celebrate its 85th birthday, the Banyo Bowls Club is celebrating its community on Saturday 18 February with live bands, food trucks, a jumping castle, and a mega raffle.

Banyo Bowls Club Secretary Shay Waters said like many other businesses the challenges of COVID-19 have left the club struggling to maintain its property.

"One of the easier ways to show your support if not by donation is to show up and enjoy what Banyo Bowls Club has to offer in means of sports and recreation or simply enjoy the social events week to week, book a function or enjoy the food trucks of a weekend," she said.

Come down to the Banyo Bowls Club on Saturday 18 February to rally around this community icon and help support their goal to remain open while maintaining their beautiful grounds.

"The club represents all Australians, with a diverse community throughout our club, we strive to be an open door to everyone. Our club is not only a sporting venue of lawn bowls & social barefoot bowls, but a meeting ground for all."

Banyo Bowls Club 85th Birthday
Saturday 18 February, from 1pm
Banyo Bowls Club
16 Froude St, Banyo.



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enquiries@italianlanguagecentre.org



Celebrations at the Tamil Thai Pongal festival

FESTIVAL BRINGS THE COMMUNITY TOGETHER

STORY **ALYSSA MACKAY**

The local community gathered together last month to celebrate Tamil Thai Pongal.

The All Saints' Anglican Church in Chermshire invited everyone in the area to join them in observing the important harvest festival on 14 January.

Parish priest, Father Daniel Jayaraj said it was the first time he had brought the Chermshire community together to celebrate the festival.

"In other parts of Brisbane, this celebration has been going on for a long time," Fr Daniel said.

The annual festival is observed on the first day of the tenth month of the Tamil calendar, which usually falls on 14 January.

"In Tamil-speaking places, it is a thanksgiving for farmers, earth, sun, water, fire and animals

involved in agriculture," Fr Daniel said. "And also it is the beginning of the Tamil New Year in some places.

"Pongal is not a religious festival, it is an identification for all Tamil people, whether they are Hindus, Muslims, Christians or any other religious group, but we are united as Tamilians.

"We have many Tamilians living in Australia. Wherever we are, we should not forget our origins and also we should thank Australia for all the support we get here – a country that accepts us as we are, and be as

we are."

The local celebration was attended by Australians and Tamilians from India, Sri Lanka and Singapore.

Attendees enjoyed cooking Pongal, a sweet rice dish with cashews, sultanas, spices and ghee. They were also given a traditional Tamil breakfast of idly (rice cake), sambar, which is cooked with lentils and vegetables, Pongal and vadai (lentil and vegetable cutlets).

Traditional Tamil musicians played the parai, a Tamil drum.

Fr Daniel said the festival usually takes place over four days, with different rituals for each day.

"On the first day, they will burn or throw all unwanted things in the house and clean the house for a new year and new blessings to enter in," he said.

"The second day, they celebrate Pongal with families, friends and relatives. The third day, they celebrate all things and animals, which help them in farming. The fourth day is the day to celebrate with communities with traditional games."

Northsiders, get ready for **storm season**

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GARDENING WITH SALLY



Organic Gardening in February

STORY **SALLY EBERHARDT**

Summer typically brings many storms and heavy rain that can leave your garden soggy and over-watered. Plants may be nutrient-stressed or overgrown, and in need of immediate attention.

To replenish your garden, apply natural fertilisers like animal poop, seaweed, or green manure crops to areas where you can dig them into the soil. For ornamentals and pot plants, use liquid natural fertilisers like compost tea, worm castings liquid or good commercial fertilisers. Also look at re-potting those plants that are outgrowing their current containers.

Many plants grow rapidly over summer and may be straggly and overgrown. Most plants respond well to being pruned and will regrow stronger and healthier. Do some research as some plants like a heavy prune while others thrive on a lighter touch. Add the cuttings to your compost.

February is still hot and humid so don't work too hard in the garden until conditions are kinder for both humans and plants. Nurturing your plants is most important this month.

This is an ideal time to order heirloom seeds or unusual varieties from specialist seed vendors, ready to plant them in autumn.

What to plant now – tomatoes, capsicum, eggplant, sweetcorn, beans, cucumber, zucchini, broccoli, cabbage and cauliflower.

OAM to speak at meeting for retirees

STORY **ALYSSA MACKAY**

Chairman of the Longevity Forum, Everal Compton has been announced as the keynote guest speaker at this month's meeting of the Brisbane North branch of the Association of Independent Retirees (AIR).

The 91-year-old will discuss the forum's implementation of the Blueprint for Ageing Australia when he appears at the meeting at Geebung RSL on Thursday, 16 February.

Branch president Ron Bennetts said Everal would speak about his experiences from a lifetime of community, social and political engagements.

"Seniors can obtain some insight and build on their knowledge of the benefits of living a healthy life as long as they can and the benefits of positive ageing, hear about the current issues and most importantly, the Voluntary Assisted Dying (VAD) legislation in Queensland," Ron said.

Everal was a founding director of National Seniors Australia and served as its chairman for 25 years. He became a Member of the Order of Australia in 1993 for his services to the community. Attendees of the event may also get the opportunity to engage with Everal through a short Q&A session.

The Brisbane North branch of the AIR is a not-for-profit seniors' volunteer organisation that meets on the third Thursday of each month at Geebung RSL and hosts regular social outings for its members. AIR welcomes all senior members of the Brisbane North community including those planning retirement and those currently retired.

AIR advocates nationally for retirees on issues relating to superannuation, retirement incomes, tax, health and aged care.

For more about AIR email airbnnth@gmail.com or visit www.independentretirees.com.au

For more about this month's Brisbane North branch meeting contact Celsa on 0431 993 415 or Keith on 0432 976 233.

Brisbane North Branch of the Association of Independent Retirees (AIR) Monthly Meeting

Thursday, 16 February, 10am
Geebung RSL (Newman Room)
323 Newman Road, Geebung.



SQUASH CLUB UNDER NEW MANAGEMENT

STORY **ALYSSA MACKAY**
PHOTOS **JOHN PIRES PHOTOGRAPHY**

Big changes are underway at the Carseldine Squash Club. The centre on Gympie Road is under new management and has seen some major renovations over the past few months, with more growth planned this year.

Centre manager Sean Ackaert said he took over the club in September after the previous manager retired.

"I've always believed the centre had huge potential and I'm looking forward to realising this opportunity," Sean said.

"Our first step was to give the centre a massive spring clean. We then sanded the floors for a better ball bounce and to provide players with a grippy surface.

"One of our courts has been renovated into a private training studio and is operated by Matt Brown from Back Yourself Fitness to offer our members professionally supervised strength and conditioning training to complement their squash.

"Our next step is to build a new patio area to the front of the club so that members and visitors can enjoy refreshments from our recently licensed bar."

The club has extended its operating hours from 6am to 10pm and has also introduced online booking and swipe access to make it easier for members to use the facility.

Prospective members may be interested in attending a 'Come and Try Squash' session, held on Wednesdays and Thursdays between 6pm and 8pm.

"Squash is an easy game to learn and a fantastic way to burn 1000 calories in an hour while having fun at the same time," Sean said. "I love that we have six courts available, 16 hours a day, seven days a week and that we have such a wonderful group of members who are keen and eager to welcome and support new members into the club."

As membership continues to grow, the club is seeking expressions of interest from coffee vendors.

"We are super excited for someone to establish a café on site," Sean said. "Our club is in a prime position on Gympie Road heading into the city with plenty of parking and a beautiful, leafy outlook. We'd love to hear from anyone who is interested in establishing this new venture."

For more information search for Carseldine Squash Club on Facebook or email sean@racquetsport.com.au

RECIPES ON PAPER



Nuoc Cham Dipping Sauce

RECIPE JULIA LEWIS

If you are a lover of Asian recipes and flavours, then you would be no stranger to this sauce. However if you are new to it, this is your answer to most Asian salads you will cook and eat in your kitchen.

It's sweet and fresh, and the delicate flavours will have you wondering why you have never tried it before.

Yes, you can buy this sauce at the supermarket, but I promise you, the flavour

you get from making your own will far outweigh the extra effort of making it from scratch. The great thing about this dressing is how versatile it is.

You can use it in Vietnamese salads, as a dipping sauce for spring rolls and dumplings, and of course you can drizzle it in rice paper rolls.

I have even seen it used as a marinade, and it goes beautifully with white fleshed fish.



Nuoc Cham Dipping Sauce

INGREDIENTS

6 tbsp water
2 tbsp raw sugar
1.5 tbsp freshly squeezed lemon (or lime) juice
2 tbsp fish sauce

1/2 clove minced garlic
1 long chilli deseeded
1/2 small carrot grated
A few drops of sesame oil (optional)

This recipe can be tailored to your taste buds. Some people don't like a strong fish sauce taste, so just add a little at a time. Taste as you go to learn the flavours you like.

Start by mixing the water and sugar until the sugar dissolves. Depending on what sugar you have used (you can use caster, raw or palm sugar), you may need to heat the water a little so the sugar granules dissolve. Then add the lemon or lime juice. This is where the freshness and zing come from so I suggest putting all of it in, but you could add it a little at a time and keep tasting.

Then add the garlic, chilli, grated carrot and if you are using it, add the sesame oil. This isn't traditional, but it gives it a beautiful savoury flavour. Mix everything together and serve!

www.recipesonpaper.com.au

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A WORD FROM OUR REPRESENTATIVES

Happy 2023! As we start the new year with the cost of living rising, we are all finding new ways of making every dollar count and saving where we can.



WITH **CR FIONA HAMMOND**

Over the Christmas break I went on a short road trip with my Husband to see my family. Here are my top 5 money saving tips for planning your next road trip:

1. Lock in your fuel prices before filling up or stockpile supermarket fuel vouchers
2. BYO snacks (preferably healthy) and drinks/water
3. Pack less and clean out your car to reduce vehicle weight which uses more fuel to run
4. Raincheck supermarket catalogue special prices if they are out of stock
5. Download free podcasts (Brisbane City Council's popular 'Living in Brisbane Live' newsletter), or audiobooks, and music for your trip.

And while you are driving out and about across Brisbane City Council areas, please remember to report any potholes to our 24-hour Customer Contact Centre on 07 3403 8888 to keep your vehicle and tyres safe. Last year Brisbane City Council filled over 112,000 potholes and resurfaced many roads to keep our suburbs looking great, improve road safety and the city's road network. This is a part of our commitment to continue to invest in projects across the city to ensure residents have access to world-class infrastructure as we continue to Rebuild and Recover from the damage caused by the February 2022 floods. For more information about any of these projects, visit brisbane.qld.gov.au.

Wishing you all a prosperous year.

As we kick off 2023, I hope everyone has had a healthy, safe and happy Christmas and New Year's period.



WITH **BART MELLISH MP**

While many people were travelling around the State during the school holidays, it's as important as ever to remain safe on our roads, particularly through roadworks.

Traffic Control workers are at a much greater risk of injury over the holiday period than during the rest of the year. Sadly, statistics show at least one traffic controller is killed every year, while around 100 are injured and need medical treatment or time off work.

So, when planning ahead, leave plenty of time for your trip and show consideration for those working to keep you safe. That way we all can have a great and safe holiday break.

Operation Charger was also launched on 9 December 2022 in a bid to minimise law-breaking and detect those who choose to do the wrong thing on Queensland roads.

The large-scale operation involves both high visibility and covert patrols, random breath testing and speed camera sites.

Traffic Controllers are doing their best to keep us all safe, so let's do our bit to keep them safe too.



WITH **ANIKA WELLS MP**

First round of billion dollar Disaster Ready Fund now open in Lilley. Brisbane's northside disaster defences will get a boost, with applications now open for the Albanese Government's new Disaster Ready Fund (DRF).

After years of intense rain and devastating flooding the program will deliver on the Federal Government's election commitment to ensure Australia is better prepared for future disasters.

Up to \$200 million is available next financial year for projects to support communities to reduce risks and better prepare for future floods, cyclones, bushfires, storm surges and other natural hazards.

Projects under the DRF could include:

- Infrastructure projects like flood levees, drainage improvements, fire breaks and evacuation centres.
- initiatives that improve collection and sharing of data, improve land use planning or strengthen community capabilities.

It's part of a long-term commitment to making Australia more resilient in the face of growing natural hazards, investing up to \$1 billion over the next five years.

This is a great opportunity for every local government, community, and industry group to put forward their ideas on how to minimise the impact of natural hazards.

More information about the first round of the DRF, is available here: www.nema.gov.au/disaster-ready-fund.



DO YOU HAVE A STORY IDEA?

If you know any
noteworthy businesses,
people or events
happening in the
community, please
drop us a line!

Chermside
GUIDE

ADMIN@3BMEDIA.COM.AU

PODCAST OF THE MONTH

'Parenting Hell' Podcast

PODCAST REVIEW **NICK ALLFORD**

How did you parent during Covid? Like many of us you probably had to change your approach quite drastically, home schooling, no playdates and more than a couple of blocks of chocolate (or cases of wine) to see you through.

Well, a problem shared is a problem halved and when English comedians Rob and Josh started whining to each other during lockdown they realised that they weren't alone. Feeling much better hearing from someone who had a worse day than them. So, they started a podcast where they could share stories and tips with celebrity mates and listeners and more importantly laugh at the misery of others.

Although born from their time during Covid lockdown, the podcast has evolved to cover more general parenting topics and share some of the hosts' funnier parenting pratfalls.

You may recognise them from 'The Last Leg' or my favourite '8 Out of Ten Cats Does Countdown'. Their self-deprecating sense of humour and fast wit help make a subject that could otherwise be quite dry – funny and insightful.

All jokes aside, parenting can be hard, no matter how good your kids are and if you're looking for someone to share the pain and the laughs, Rob and Josh make perfect company.

So listen/watch it now, wherever you get your podcasts.



**Top Left - Blind Cricket
Oscar Stubbs bowling
Top Right - Deaf Cricket
David Melling bowling
Bottom Left - ID Cricket
Two Tasmanian players celebrating a wicket**

many choose not to for various reasons," Jess said. "Blind players play a different brand of cricket and often don't get the opportunity to play competitive matches outside the NCIC.

"Cricket Australia brought the NCIC to life to create a pathway for players to compete at a national level, to test their skills, and to put their best foot forward for selection in national teams. The 2017 NCIC was the first time in Australian sport these three divisions were played as part of one competition."

The event has been held annually since 2017 until Covid forced the cancellation of the 2021 and 2022 championships.

This year marks the first occasion the NCIC have been held outside Victoria, with Aspley selected as the location for the event.

"Marchant Park was chosen due to the large number of turf grounds at the same venue, meaning the event will have a real, exciting atmosphere and teams can easily attend other matches from their division or other divisions," Jess said.

"Queensland Cricket have also been fantastic and eager to support hosting this event for the last few years."

All three divisions will play T20s from Sunday, 5 February to Thursday, 9 February before the placing and grand finals on Friday, 10 February.

"There are plenty of big trees for shade, so bring a deck chair or a picnic rug and watch the country's best cricketers with a disability compete for national titles," Jess said.

The NCIC is a free, non-ticketed event. For more information on fixtures go to mycricket.cricket.com.au

**2023 National Cricket Inclusion Championships
5-10 February
Marchant Park, Aspley.**

ASPLEY HOSTS NATIONAL CRICKET INCLUSION CHAMPIONSHIPS

STORY **ALYSSA MACKAY**

Local cricket fans will get the chance to see Australia's best cricketers with a disability compete to be selected in national teams.

The 2023 National Cricket Inclusion Championships (NCIC) will take place at Marchant Park in Aspley from 5-10 February, bringing together state teams across three divisions – blind and vision impaired, deaf and hard of hearing and cricketers with an intellectual disability.

Cricket operations specialist at Cricket Australia and event manager for the NCIC, Jess O'Reilly said the event was one of the only opportunities for cricketers with a disability to compete with and against their peers.

"While players who are deaf or hard of hearing, or players with an intellectual disability can and do play mainstream cricket,

Clean Up Australia Day

Register now for Clean Up Australia Day, and help clean up our parks, waterways and streets. There are several different dates this year:

- Business Clean Up Day Tuesday 28 February
- Schools Clean Up Day Friday 3 March
- Community Clean Up Day Sunday 5 March

Register online at: www.cleanupaustraliaday.org.au where you have the option to register a new clean-up site or join an existing site.

Locals registering their own site will be sent a clean-up kit, and additional equipment can be purchased via the website.

New Players Wanted!

Ten Pin Bowling at Aspley Bowl are looking for new players for their Genesis League. The League kicks off on Tuesday 7 February from 5.30pm-6.30pm.

The cost is \$26 per night and there are cash prizes on offer at the end of year party.

For more information contact Geoff Morris on 0400 525 250.

Sports Sign Ons

Many local clubs are now taking sign ons for pre season and winter season games. If you are wanting to get your kids involved or have a go yourself, give your local sports club a call to find out more about their sign on days. Local clubs include, Grasshopper Soccer Chermshire, Aspley Devils Netball Club, Aspley Hornets, Kedron AFL Club, North Star Football Club, to name just a few.

Tips to lower power bill costs and help the environment

PREPARED BY **LES BARKLA**

With a reported potential increase in power bills by up to 50% over the next two years, we can be smarter, more energy efficient, and help the planet. The energy market is continually changing, and rapidly.

So try these tips:

- Source a renewable energy supplier to help save the planet: <https://www.choice.com.au/home-improvement/energy-saving/reducing-your-carbon-footprint/articles/green-electricity-review>
- Source a cheaper power supplier: <https://www.qld.gov>

Safer Internet & Scam Awareness

We all know scams are getting more sophisticated and frequent. Learn more about the latest scams, who to contact if you are targeted and how to protect yourself online at a free event at the Chermshire Library.

To book, phone the Library on 07 3403 7200

[au/housing/buying-owning-home/energy-water-home/electricity/choosing-electricity-retailer](http://www.library.qld.gov.au/housing/buying-owning-home/energy-water-home/electricity/choosing-electricity-retailer)

Save money on your summer power bills:

- Use fans and natural breezes where possible;
- Set air con units on 24 degrees, close windows and curtains, and use fans to circulate the air. Every degree lower than 24 degrees can add 10% to your power usage;
- Restrict air con zones to areas in use;
- Use timers to cool air down and save on power usage;
- Seal window and door gaps to the exterior to stop hot air drafts;
- Close doors to rooms not in use;
- Shade windows exposed to the sun;
- Dry clothes in the sun or limit the use of clothes dryers;
- Ensure hot water system is on off-peak tariff and temperature is checked;
- Limit time of showers to reduce hot water usage;
- Turn off standby power, where possible, saving up to 10% of power use.

Local DINING GUIDE



Dark Tonic

Small Batch Coffee Roasters

18 Corrie Street, Chermerside

Cafe

0406 200 019

DARK TONIC

Feature:

A charming cafe offering all day breakfast and lunch as well as freshly roasted coffee onsite. We have a lovely private courtyard to suit any event.

* High teas \$30 pp

* Open 7 days text ahead 0406 200 019

Instagram/Facebook @darktonicroasters



323 Newman Rd, Geebung

Restaurant/Club

Ph 3265 3711

GEEBUNG RSL

Feature: Enjoy a delicious meal from our a la carte menu featuring good old favourites or try one of our Chef's Daily Specials. \$15 Member lunch specials are now available Monday, Tuesday and Wednesday. Not a member? Join now for \$5 for life.

Book online at www.geebungrsl.com.au or phone 3265 3711



Red Delta
ASIAN EATS

21 Kittyhawk Dr, Chermerside

Asian Cuisine

Ph 3359 9122

RED DELTA

Feature: Skip the plane ticket and take your tastebuds on an adventure at Red Delta, the ultimate destination to enjoy authentic Asian cuisine on the northside! Drop in and try our delicious dumplings, mouth-watering noodles and rice dishes.

Open Wednesday through Sunday from midday.



21 Kittyhawk Dr, Chermerside

Casual Dining

Ph 3359 9122

THE KITCHEN

Feature: Come in to relax and enjoy dining on our gorgeous al fresco deck! Conveniently located inside Kedron-Wavell in Chermerside, pop in for a cuppa, a sweet treat, or something from our all-day dining menu.

Open 7 days a week from 10am



FEBRUARY What's On.

02 THURSDAY

🎵 DAVE GRAY

Geebung RSL 7:30pm

03 FRIDAY

🎵 CANDICE LONG @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

🎵 LACHLAN PARSONS

Aspley Hornets 6:30pm

🎵 BRETT PATMAN

Geebung RSL 7pm

🎵 DJ BITZA IN THE BREWHOUSE

Kedron-Wavell 9pm

🎵 TRACY VAUGHAN TRIO LIVE @ THE LOUNGE

Kedron-Wavell 9pm



04 SATURDAY

★ A COMEDY OF TENSORS, BY KEN LUDWIG

Windsor School of Arts 2pm

🎵 HAYDEN JOHN @ BRAVO BREWHOUSE

Bravo Brewhouse 6pm



🎵 ECHO ECHO

Aspley Hornets 6:30pm

🎵 CATHY DRUMMOND

Geebung RSL 7pm

★ A COMEDY OF TENSORS, BY KEN LUDWIG

Windsor School of Arts 7:30pm

🎵 SOUL CENTRAL TRIO @ THE LOUNGE

Kedron-Wavell 8pm

🎵 DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

05 SUNDAY

★ A COMEDY OF TENSORS, BY KEN LUDWIG

Windsor School of Arts 2pm

🎵 NATHAN WILLIAMS @ THE SHACK

Kedron-Wavell 2pm

🎵 **MICHAEL GANT**

Geebung RSL 5pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 7:30pm

07 TUESDAY

🎵 **SIMONE CUTTING**

Geebung RSL 10:30am

09 THURSDAY

🎵 **ROSE POWELL**

Geebung RSL 7:30pm

10 FRIDAY

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 2pm

🎵 **TYRONE NOONAN @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **CRYSS COLEMAN**

Aspley Hornets 6:30pm

🎵 **RAFF DE**

Geebung RSL 7pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 7:30pm

★ **SPRINGSTEEN SONGS AND STORIES**

The Royal Nundah 8pm

🎵 **DJ BITZA IN THE BREWHOUSE**

Kedron-Wavell 9pm

🎵 **DAVE RITTER BAND LIVE @ THE LOUNGE**

Kedron-Wavell 9pm

11 SATURDAY

🎵 **TRACY VAUGHAN**

Geebung RSL 12:30pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 2pm

🎵 **SARAH ALICE @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **LUCY KORTS**

Aspley Hornets 6:30pm

🎵 **ROY MORRIS**

Geebung RSL 7pm

★ **THE BLUESHAMROCKS - COUNTRY MUSIC**

Kedron-Wavell 7pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 7:30pm

🎵 **STEVENSON ST TRIO LIVE @ THE LOUNGE**

Kedron-Wavell 9pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm



12 SUNDAY

🎵 **TRACY VAUGHAN**

Geebung RSL 12:30pm

🎵 **AMBER WORTHINGTON @ THE SHACK**

Kedron-Wavell 2pm

18 SATURDAY
Kaffene LIVE @ The Lounge
Kedron-Wavell 8pm



★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 2pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 7:30pm

16 THURSDAY

🎵 **SIMONE CUTTING**

Geebung RSL 10:30am

17 FRIDAY

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 2pm

🎵 **DARCY @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **BRETT WHITMORE**

Aspley Hornets 6:30pm

🎵 **DAVE CLAYTON**

Geebung RSL 7pm

★ **A COMEDY OF TENORS, BY KEN LUDWIG**

Windsor School of Arts 7:30pm

🎵 **POCO LOCO LIVE @ THE LOUNGE**

Kedron-Wavell 9pm

🎵 **DJ BITZA IN THE BREWHOUSE**

Kedron-Wavell 9pm

18 SATURDAY

★ **BANYO BOWLS CLUB 85TH BIRTHDAY**

Banyo Bowls Club 1pm

🎵 **JASON TOWERS @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **PETE CULLEN**

Aspley Hornets 6:30pm

🎵 **DAVID J**

Geebung RSL 7pm

🎵 **KAFFENE LIVE @ THE LOUNGE**

Kedron-Wavell 8pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

19 SUNDAY

🎵 **FORTUNATO**

Geebung RSL 12:30pm

🎵 **VIC KENA @ THE SHACK**

Kedron-Wavell 2pm

🎵 **DARRIN LEIGH**

Geebung RSL 5pm

23 THURSDAY

🎵 **CHRIS DOYLE**

Geebung RSL 7:30pm

24 FRIDAY

🎵 **CHANDLER JAY @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm



🎵 **BAWDO & THE BEARS**

Aspley Hornets 6:30pm

🎵 **CRAIG SHAW**

Geebung RSL 7pm

🎵 **FLOORBURNERS LIVE @ THE LOUNGE**

Kedron-Wavell 9pm

🎵 **DJ BITZA IN THE BREWHOUSE**

Kedron-Wavell 9pm

25 SATURDAY

🎵 **MURRAY LLOYD @ BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **FREE AGENTS**

Aspley Hornets 6:30pm

🎵 **SCOTT SULLIVAN**

Geebung RSL 7pm

🎵 **SILK LIVE @ THE LOUNGE**

Kedron-Wavell 8pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

26 SUNDAY

🎵 **NATE ANDREW @ THE SHACK**

Kedron-Wavell 2pm

🎸 **GARY PUCKETT AND THE UNION GAP**

Kedron-Wavell 3pm - 5pm

Gary Puckett and the Union Gap are a band etched in Rock 'n' Roll history boasting six consecutive gold records in a career that started in 1968 and still remains very prominent to this day. They continue to tour the world in a show that is loaded with hits including "Young Girl" "Woman, Woman" "Lady Willpower" and "Over You." Gary Puckett and the Union Gap maintain a busy touring schedule, constantly touring the United States and Europe in a show that is packed with Rock 'n' Roll energy and vocal excellence. Gary's velvet voice is complimented perfectly with the vocal harmony and musical perfection of the Union Gap in a show that delivers the raw sixties sound that can only be associated with live music at its best.

🎵 **MIKE WHITMORE**

Geebung RSL 7:30pm



NETFLIX & CHILL

TOP FIVE ROMANTIC COMEDIES FOR VALENTINES DAY

STORY @WATCHITWOMBAT

Are you a fan of Valentine's Day? Whether it's the highlight of your year or you think it's an arbitrary personification on consumerism, here's a list of 5 movies on Netflix that are sure to warm your heart (even if your Netflix and Chill is a party of 1).

The Princess Bride

A young boy is read a fairy-tale by his grandfather and we see the story through the kid's eyes.

Don't be put off by its childish title, it's a superbly written and entertaining adult adventure with an incredible comedic cast and some of the most quotable lines in cinema. There's nothing like it in film today and is a must watch for lovers of the genre.

Love Actually

Eight very different couples deal with their often complicated love lives during the festive season. Making it a go to Christmas movie for many people, but it also works well all year round. Despite having an A-List cast, each character is grounded in realism with often

heartbreaking results while managing to make you laugh while you ugly cry.

Dirty Dancing

For most, this film needs no explanation, but if you missed the 80's, the plot revolves around a young woman who falls in love with her dance instructor while on holiday with her family. Worth a watch for the soundtrack alone, winning an Oscar for best original song.

La La Land

A pianist and actress fall in love while trying to navigate their way through life in LA.

Even if you're not a fan of musicals, like me, there's so much to enjoy. From the inventive camerawork, exquisite score and outstanding performances, it's easy to see why it bagged six Oscars.

Silver Linings Playbook

Having left a mental institution, a former teacher moves in with his parents and meets a girl who makes him question his reconciliation with his ex-wife. Despite the not so romantic premise, it knows how to pull on the heart strings. The focus is clearly on the two leads but it is as much a father and son bonding movie as it is a love story.



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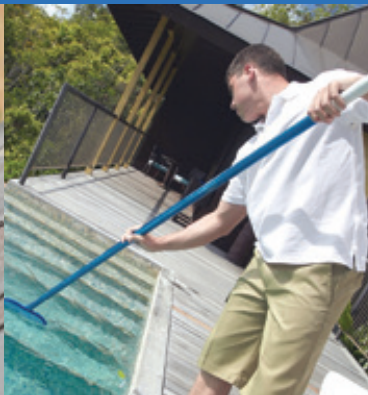
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KNOCK AT THE CABIN

While vacationing at a remote cabin, a young girl and her parents are taken hostage by four armed strangers who demand that the family make an unthinkable choice to avert the apocalypse. With limited access to the outside world,

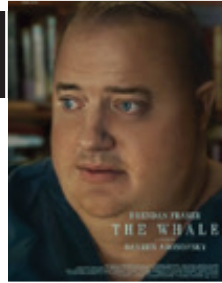
the family must decide what they believe before all is lost.

Main Cast: Dave Bautista, Jonathan Groff, Ben Aldridge

Genre: Horror, Thriller, Mystery

Release Date: 02 Feb 2022

Rating: CTC



THE WHALE

A reclusive English teacher suffering from severe obesity attempts to reconnect with his estranged teenage daughter for one last chance at redemption.

Main Cast: Ty Simpkins, Brendan Fraser, Hong Chau, Samantha Morton, Sadie Sink

Genre: Comedy, Drama

Release Date: 02 Feb 2022

Rating: CTC



ANDRÉ RIEU: LIVE IN DUBLIN

Visit the Emerald Isle in style with André Rieu in Dublin, the maestro's first filmed concert in the delightful Irish capital in over 20 years – exclusive to cinemas. Join André and his Johann Strauss Orchestra, sopranos, tenors and guests for a whimsical celebration, with romantic melodies, popular

classics, party tunes and beloved waltzes. Bring your loved ones to your local cinema for an incomparable experience of music and dance filmed in the land of a hundred thousand welcomes. Céad Mile Fáilte!

Main Cast: André Rieu, The Johann Strauss Orchestra

Genre: Live Event, Musical

Release Date: 04 Feb 2022

Rating: CTC



ANT-MAN AND THE WASP: QUANTUMANIA

Superhero partners Scott Lang (Paul Rudd) and Hope Van Dyne (Evangeline Lilly) return to continue their adventures as Ant-Man and the Wasp. Together, with Hope's parents Hank Pym (Michael Douglas) and Janet Van Dyne (Michelle Pfeiffer), and Scott's daughter Cassie Lang (Kathryn

Newton), the family finds themselves exploring the Quantum Realm, interacting with strange new creatures and embarking on an adventure that will push them beyond the limits of what they thought possible.

Main Cast: Evangeline Lilly, Michael Douglas, Michelle Pfeiffer, Paul Rudd, Kathryn Newton

Genre: Action, Adventure, comedy

Release Date: 16 Feb 2022

Rating: CTC



February Releases

Knock at the Cabin	2nd
Ping Pong: The Triumph (Mandarin, Eng Sub)	
Sword Art Online: Progressive - Scherzo of Deep Night	
The Whale	
The Chosen Season 3 Finale	3rd
André Rieu in Dublin	4th
(3D) Titanic	9th

Kaguya-sama: Love is War The First Kiss That Never Ends	
Magic Mike's Last Dance	9th
The Son	
Spoiler Alert	
My Fairy Troublemaker	16th
Winnie The Pooh: Blood And Honey	
Women Talking	
AfterSun	23rd
Cocaine Bear	
Fisherman's Friends 2	
Missing	

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